

# RED BLUFF TRITONS INVITATIONAL

*For Seasonal Swimmers*

**July 14<sup>th</sup> – 15<sup>th</sup>, 2018**

**Sanction:** Held under USA Swimming & Sierra Nevada Swimming Sanction # 47-18.

According to USA Swimming Rule 202.4.8, “In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.”

**Location:** Red Bluff Union High School, 1260 Union Street, Red Bluff, CA. 96080. From Main Street turn west onto Walnut Street and turn right onto Franklin Street. Go 4 blocks and turn left onto Crittenden Street. The pool is located behind the tennis courts on Franklin St.

**Parking:** There is free parking on the streets near the pool & tennis courts on Franklin Street. There are lots located near the school entrance and by Art building.

**Team Areas:** There will be a designated shaded Coaches’ area on the pool deck. There is limited deck space for Team areas. There are unshaded bleachers adjacent to the pool and there are some small grassy areas just outside the pool area. Please be advised that nothing should be left in or around the pool area overnight. While we have round-the-clock monitoring, personal items left in or around the pool area are the responsibility of the owner, and we assume no risk for lost items.

**Course:** Six lane, 25 yard outdoor pool with Kiefer lane lines. This pool has not been certified in accordance with 104.2.2C(4). The water depth of the competition pool at 3 feet 3-1/2 inches from the start end is 16 feet 4 inches. The turn end has a depth of 3 feet 3 inches at 3.28 feet from the wall. According to 103.2.3 A and B, starting requirements shall be such that in pools with a water depth less than 4 feet at the starting end swimmers must start from within the water. Please note that all starts from the shallow end of this pool **must** be done from the water.

**Officials:**  
**Head Referee:** David Dahnke  
**Head Starter:** Kim Baldree  
**Administrative Official:** Dawn Dano  
**Meet Director:** Regina Olivarez (reginaolivarez@gmail.com)  
**Clerk of Course:** Karin Lindsey

**Scratches:** **This meet will be pre-seeded each day.** All swimmers are automatically checked into the events which they are registered for. The scratch deadline for either day's events is any time prior to the final event of the previous day (which can be found in the program or in this packet). Heat and lane schedules will be posted on the east wall in the pool area, and swimmers will be responsible for finding their events and heat numbers using that schedule.

**Warm-ups:** On Saturday and Sunday, warm-ups will begin no earlier than 7:30AM and will close at 8:45 AM. Assignments for Team warm-up times and lanes will be available from the Meet Director by Thursday July 12<sup>th</sup>. Coaches must be on deck to supervise their swimmers during warm-up. Diving starts will be permitted only with a supervising coach at the block. **There will be no warm-up lane available once the meet begins.**

#### **WARM-UP RULES:**

The following rules apply to the warm up period before each session, and to warm-up/down during the meet:

- Swimmers shall enter the water feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry), except for starts, which are limited to specified lanes
- If used, Lifeguards shall be on the pool deck during the entire warm up period.
- Up to 2 lanes can be used for pace 50's (Usually lanes 1 & 6) and up to 2 lanes for one-way sprints (Usually lanes 2 & 5).
- Specified center lanes are for circle swimming (2 lengths of the pool beginning at the starting end of the pool)
- Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
- Swimmers are not allowed on the starting blocks when a backstroker is executing a start in the same sprint lane.
- The use of hand-paddles, kickboards, fins and other devices are not allowed during general warm-up. The use of hand-paddles at any time during which touch pads are installed is Forbidden.

All USA Swimming athlete members entered in the meet must be under the supervision of a USA Swimming Member Coach during warm-up, competition, and warm-down. Any swimmer without a Coach in attendance must report to the Meet Director or Meet Referee who may assist the swimmer in making arrangements for such supervision. It is the swimmer's responsibility to make such arrangements prior to the start of the meet. The Meet Referee, Meet Director or a designee may remove a swimmer, Coach, and/or Team from the deck for violations of these rules.

**Start Time:** Meet begins at 9:00 AM on Saturday and Sunday.

**Eligibility:** **This event is designated for seasonal swimmers only.** Swimmers should be from seasonal teams. All swimmers must have a current USA Swimming Membership Registration in order to compete at this meet. Swimmers must enter their number on the entry form. Swimmers entering as “pending” or “applied for” will be verified with the SN registrar prior to the meet. SNS does not allow USA Swimming registration at the meet.

According to 202.4.9D, “Any swimmer entered in the meet must be certified by a USA Swimming member Coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member Coach from his/her Team, it is the responsibility of the swimmer or the swimmer’s parent/legal guardian to ensure compliance with this regulation.”

**Entries:** Entries must be submitted online through swim connection. To enter through swim connection, visit <http://ome.swimconnection.com/meets> through which you will receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1.00 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fee.

This meet is restricted to seasonal swimmers only. Since this meet has no qualifying time standards, a swimmer who has no official time for a new event may enter with a "no submitted time". **We strongly encourage each swimmer to submit a best-estimated time for each event** in order to help the referee and Clerk of Course determine a more accurate timeline prior to the meet. This ensures each swimmer is placed in a heat appropriate for his or her competition level.

**Entries sent without entry fees will not be accepted but will be held to be treated as deck entries at the meet.**

***Do not sign up or send money for relay events; your coach will do this at the meet.*** Relay entries must be submitted to the clerk-of-course each day by 10:30 AM. Entry cards must include a seed time and the names of the swimmers in the order they will swim; alternates should be listed if there are any.

**Deadlines:** Entries must be postmarked no later than Monday July 9th or hand delivered by Thursday, July 12th. *Late entries* may be accepted at the discretion of the meet director with the concurrence of the meet referee and will be dependent on the estimated timeline for 12 and under swimmers. This meet will be capped at 220 swimmers **OR** 1900 entries **OR** when the hour rule has been met, whichever comes first. All entries received after the cap has been reached will be notified immediately by the meet director.

**Entry Fees:** There is a **pool surcharge fee of \$5.00.**

The individual entry is \$4.00 per race and must be sent with entry form. Deck entries will not be permitted as this meet is pre-seeded. Fifty cents of each individual entry fee goes to the Sierra-Nevada general fund, one dollar to the age group travel fund, and seventy-five cents to the senior travel fund.

Relay entry fees are \$8.00 per relay race and will be paid by the coach or a team representative at the meet when the relay cards are turned in. Of the \$8.00 relay fee, \$1.00 one dollar goes to S-N, two dollars and twenty-five cents (\$2.25) to the age group fund and one dollar and twenty-five cents (\$1.25) to senior travel fund.

Entry fees are non-refundable unless a scratch down is required by the referee after conferring with the meet director according to Sierra-Nevada rules. Please make a team check payable to the Red Bluff Tritons (no personal checks accepted) and mail with your entries to:

**Red Bluff Tritons Meet Director**  
**PO Box 145**  
**Red Bluff, CA. 96080**

**Rules:** Current USA Swimming and Sierra-Nevada rules will govern this meet and shall take precedence over any errors or omissions in this Meet Announcement. All events are timed finals and will be deck seeded. Swimmers may compete in three events per day plus a relay event on Saturday and on Sunday. Lead-off swimmers in a relay event who wish to have a verified time for the split must make a request for this from the referee in advance.

**Restrictions:** Smoking will not be allowed on deck, in the locker rooms, or in swimmer rest areas and is prohibited everywhere on the high school campus. There will be no running in the pool area. Glass bottles are not permitted on deck. Alcohol is not permitted in the swimming venue and is prohibited on the campus by high school policy as well. Portable propane tanks are not allowed on deck. Pets are not allowed on deck.

**Safe Sport:** According to USA Swimming Rule 202.3.4.E, the use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. Sierra Nevada Swimming would like to further state that the use of audio or visual recording devices, including a cell phone is not permitted behind the starting area at any time. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**4 Hour Rule:** In order to adhere to Sierra-Nevada guidelines for a four-hour time limit for 12 and under swimmers, there will be a limit of 230 swimmers or 1800 race entries. If the four hour time restriction is reached before the cap has been reached, the meet director will refuse additional entries. Deck entries will be contingent on the time factor and/or the entry cap. Should the entry cap be reached before the deadline date, all entries arriving in the same envelope on the date the limit is reached will be accommodated. In the event of an entry cap the meet director will notify swimmers in advance of the meet if the entry cannot be accepted and fees returned. The Meet will be capped when the estimated timeline is reached regardless of the number of entries.

**Officials:** Each team shall, by the entry deadline, provide to the meet director a list of officials who have agreed to represent that team during the conduct of that meet. Please see attached sheet. One half hour prior to the scheduled start of the meet, the meet referee shall conduct an inventory of officials comparing the number of entries against the number of officials present representing the team. According to S-N guidelines those teams with too few officials shall swim for “time only” and will not receive points or awards for that session. The requirement is as follows:

Number of Swimmers Per Team		Number of trained and carded officials
0-10		<b>0</b>
11-25		<b>1</b>
26-50	=	<b>2</b>
51-75		<b>3</b>
76-100		<b>4</b>
More than 100		<b>5</b>

Officials must wear white collared shirts free from team affiliations and navy blue pants/shorts/skirts. They are required to present their credentials to the Referee or his/her designee prior to being allowed to work on deck and must display these credentials while working. Coaches are also required to adhere to this requirement as well.

**Hospitality:** Snacks and beverages will be served to all working officials and timers. Lunch will be served also if the meet continues through the lunch hour.

**Timing:** **All teams will be expected to provide volunteers to work as timers.** Formula for figuring number of timers. Number of swimmers for team/session divided by

total number of swimmers/session multiplied by the number of timing chairs needed for that session.

If there are too many timers per formula, the first to drop a timer is the team that is supplying the most. Subsequent additional timers will be removed from host team requirement. All numbers are rounded to the closest whole number (0.5 rounds up). Host team still provides timers. Host team will fill empty chairs.

No cap on number of timers required.

Timer responsibilities will be sent out via the SNS volunteer distribution as well as included in the general email to all participants prior to the meet. Timers will be provided with a shaded seating area as well as snacks and beverages. A team representative should check in with the head timer before 8:45 to report the number of timers from his team. Each team is requested to take one or two lanes & to provide their own relief timers.

**Scoring:** Points are awarded as follows: 7 – 5 – 4 – 3 – 2 – 1 for individual events. Relay points are awarded as follows: 14 – 10 – 8 – 6 – 4 – 2. Only the top scoring relay team per USA-Swimming team may score points in an event, although more than one relay team from each USA-Swimming team may be entered in that event. Open events are not scored for individual or team points but will be awarded ribbons.

**Awards:** Rosettes are awarded for first through third place and v-top ribbons for fourth through twelfth place in individual events. Ribbons are awarded for first through sixth place in relay events. The three top scoring teams will receive trophies. **High point trophies** are given in each age group: 6 & U, 7-8, 9-10, 11-12, 13-14, 15-16, and 17-18. **Team trophies** will be awarded to the top three teams. A time medals will be awarded to B time swimmers who achieve their first "A" time at this meet.

**Programs:** \$5.00 each. One complimentary program will be provided to the head coach of each team. Two programs will be given to teams with more than 25 swimmers.

**Snack Bar:** Concessions will be available each day. Snacks and beverages will be served to working timers and officials; lunch will be served also if the meet continues through the lunch hour.

**Lodging:**      **Campsites** with showers are available at the Forest Service campground at the Diversion Dam Recreation Area. From Antelope Blvd. turn onto Sale Lane (at McDonald's) and go approximately 2 miles.

**RV camping:**

Red Bluff RV Park @ 80 Chestnut Ave. (529-2929)

Durango RV Park @ 100 Lake Ave. (527-5300)

**Motels:**

Holiday Inn Express (530) 528-1600

Days Inn (530) 527-6130

Best Western (530) 527-8882

Comfort Inn (530) 527-7060

Travel Lodge (530) 527-6020

Super 8 Motel (530) 529-2028

Hampton Inn Suites (530) 529-9916

# SATURDAY

Choose up to 3 Events (Max)

Girls' Event #	Age Group	Boys' Event #	Events
1	13-18	2	100 Breaststroke
3	11-12	4	50 Breaststroke
5	9-10	6	50 Breaststroke
7	8&U	8	25 Breaststroke
9	13-18	10	100 Freestyle
11	11-12	12	100 Freestyle
13	9-10	14	100 Freestyle
15	8&U	16	25 Freestyle
17	13-18	18	200 IM
19	11-12	20	100 Individual Medley
21	9-10	22	100 Individual Medley
23	8&U	24	100 Individual Medley
25	13-18	26	100 Backstroke
27	11-12	28	50 Backstroke
29	9-10	30	50 Backstroke
31	8&U	32	25 Backstroke
33	9-10	34	200 Medley Relay
35	11-12	36	200 Medley Relay
37	8&U	38	100 Medley Relay
39	13-18	40	200 Medley Relay



# SUNDAY

Choose up to 3 Events (Max)

Girls' Event #	Age Group	Boys' Event #	Events
41	13-18	<b>42</b>	100 Butterfly
43	11-12	<b>44</b>	50 Butterfly
45	9-10	<b>46</b>	50 Butterfly
47	8&U	<b>48</b>	25 Butterfly
49	13-18	<b>50</b>	50 Freestyle
51	11-12	<b>52</b>	50 Freestyle
53	9-10	<b>54</b>	50 Freestyle
55	8&U	<b>56</b>	50 Freestyle
57	13-18	<b>58</b>	200 Breaststroke
59	11-12	<b>60</b>	100 Breaststroke
61	9-10	<b>62</b>	100 Breaststroke
63	8&U	<b>64</b>	50 Breaststroke
65	13-18	<b>66</b>	100 Backstroke
67	11-12	<b>68</b>	100 Backstroke
69	9-10	<b>70</b>	100 Backstroke
71	8&U	<b>72</b>	50 Backstroke
73	11-12	<b>74</b>	200 Freestyle Relay
75	9-10	<b>76</b>	200 Freestyle Relay
77	8&U	<b>78</b>	100 Freestyle Relay
79	13-18	<b>80</b>	200 Freestyle Relay

# **DO YOU HAVE ENOUGH OFFICIALS FOR THIS MEET?**

PLEASE LIST OFFICIALS THAT WILL BE PRESENT FOR EACH MEET SESSION. ALL OFFICIALS NEED TO ATTEND A MANDATORY MEETING, TYPICALLY 30 MINUTES BEFORE EACH SESSION.

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Meet: 2018 Red Bluff Triton Invitational Meet Director: Dani Shults	
Team Name:	
Head Coach:	
Asst. Coach:	

Meet Dates: Sat July 14 <sup>th</sup> & Sun July 15 <sup>th</sup> Meet Director's Phone #: (530) 736-5701				
# of swimmers:	Sat.		Sun.	
Coach's Phone #:				
Asst. Coach Phone #:				

### Sessions officials will be attending

1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					

**THIS COMPLETELY FILLED OUT FORM NEEDS TO BE IN THE MEET DIRECTOR'S HANDS BY THE ENTRY DEADLINE. IT IS THE CLUB'S RESPONSIBILITY TO FILL LAST MINUTE CHANGES.**